

# NORTHVIEW HIGH SCHOOL VOLLEYBALL

CHAD J. RUTKOWSKI, M.ED., HEAD COACH



May 31, 2016

Welcome to the 2016 volleyball season at Northview High School.

This is going to be a great year, as we welcome nearly 36 athletes that will compete on 3 teams. This year, we have many new and exciting things planned for our program as a whole. Continuing the legacy of Northview Volleyball, will be introducing tier training to all teams throughout the entirety of the program. Tier training is a training system that ensures that the groups of teams, coaches and athletes have a quality experience and embody the goals and culture of our program.

As we prepare for the start of the season, each month, the coaching staff will send this Volleyball Newsletter to all involved with the Northview Volleyball program. Here are some important dates and information for June (and July 1 ☺)!

- June 13 – 16, 2016 – Sylvania Recreation Summer Camp
  - Each athlete will be asked to volunteer for two of the four days for a total of 5 hours to help facilitate and run this camp! The coaching staff will be in attendance as well to make sure that the camp is lead by the staff, however, we will need the athletes to help out!
  - To sign-up to work, [PLEASE FILL OUT THIS FORM](#).
- June 28 – 30, 2016 – Asics Summer Site Camp at Northview High School
  - All interested in playing volleyball this summer will need to attend the Asics Summer Site Camp that we will be holding at Northview High School.
  - The registration deadline is tomorrow, June 1, 2016 before a price increase, so [REGISTER TODAY!](#)
  - This year's lead instructor will be Jason Reilly, Assistant Coach at the University of Dayton along with other coaches and former college players from the area and outside of the greater Toledo area.
- July 1, 2016 – First Official Summer Practice
  - For all happenings within the volleyball program, please refer to the [ONLINE CALENDAR](#)

Here is some additional important dates that we need everybody to “keep open” on their calendars for the start of Northview Volleyball. More information will follow as we get closer to these dates and events and as the information becomes available to us:

- Thursday Summer League – At Premier Academy from 6:00pm – 8:30pm in July (refer to calendar)
- Asics Summer Slam Tournament – July 28 and 29 – Times TBD
- Tryouts – One day only – August 1, 2016 from 1:30pm – 4:30pm and 5:30pm – 8:30pm

In addition, many of you have asked for the Sand Volleyball information once again. Each and every athlete should be playing sand volleyball this June and July, along with the practices, open gyms, weight lifting, etc. that will take place with Northview Volleyball. With that being said, I did want to present you each with some sand opportunities that we talked about in the meeting. Sand Volleyball is such a great way for your daughter to get a lot of playing time (it's only 2 v 2 in sand) and they will be pushed outside of their comfort zone with skills, different style of play and performing drills and skills that they could or could not do during the indoor season because of their position. Sand Volleyball is one that produces some of the best overall players and players with tremendous ball control! Ball control is something that this program will be known for and it will be our catalyst for the entire season and the foundation of what we do on a daily basis. In addition to the information below, the following organizations offer sand volleyball in the Toledo area as well, however, I have not received anything in regards to their programs directly, but wanted to share this with you nonetheless:

- Premier Academy - <http://www.premiervolleyball.com/page/show/945022-sand-club> OR <http://www.premiervolleyball.com/page/show/945882-youth-volleyball>
- Toledo Beach Volleyball Club - <http://www.toledobeachvolleyballclub.com/>
- Glass City Volleyball - <http://www.glasscityathletics.com/beach>
- BCSN Sand Volleyball League - <http://www.premiervolleyball.com/page/show/945882-youth-volleyball>

I hope that you all had a splendid and enjoyable Memorial Day weekend and we will see you in the gym in just a few short weeks.

Yours in Sport,

**Chad J. Rutkowski, M.Ed.**

Head Volleyball Coach | 2015 NLL Champions  
Sylvania Northview High School | 5403 Silica Drive | Sylvania, OH 43560  
chad.rutkowski@me.com | 419.392.5669 - Cell  
www.sylvanianorthview.org